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CALPIA 100% Wheat Bread - Sliced Loaf

Nutrition Facts

12 servings per container

Serving size 2 slices (57g)

Amount per serving

Calories 140

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 240mg 10%

Total Carbohydrate 22g 8%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 0mcg 0%

Calcium 43mg 4%

Iron 1mg 6%

Potassium 119mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SOYBEAN OIL, GLUTEN, BREAD BASE, BAKERS YEAST, CALCIUM PROPIONATE CRYSTAL.

CONTAINS SOY, WHEAT.

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