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CALPIA 1/2 Gallon Homogenized Milk

Nutrition Facts

8 servings per container

Serving size 8 fl oz (237g)

Amount per serving

Calories 140

% Daily Value*

Total Fat 8g 10%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 100mg 4%

Total Carbohydrate 11g 4%

Dietary Fiber 0g 0%

Total Sugars 11g

Includes 0g Added Sugars 0%

Protein 7g

Vitamin D 3mcg 15%

Calcium 268mg 20%

Iron 0mg 0%

Potassium 313mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, WHOLE, 3.25%, WITH VITAMIN D.

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