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CALPIA Stew Meat

## Nutrition Facts

Approximately 200 servings per container

**Serving size** 4oz (113g)

Amount per serving

**Calories** 140

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 2g 10%

Trans Fat 0g

**Cholesterol** 70mg 23%

**Sodium** 90mg 4%

**Total Carbohydrate** 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 25g

Vitamin D 0mcg 0%

Calcium 15mg 2%

Iron 2mg 10%

Potassium 415mg 8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF, STEW MEAT.

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